



Who We Serve:

- Individuals with psychiatric and/or substance abuse issues
- People who are (or have been) incarcerated
- Homeless individuals

Purpose and Goals:

- Prevent hospitalizations/recidivism
- Provide intensive peer support
- Facilitate integration of physical and mental health/substance use services
- Promote gainful employment
- Encourage people to take charge of their recovery
- Maximize existing resources
- Infuse/promote social inclusion

Mid-Hudson Regional Recovery Center

www.reach-one.org

ORANGE COUNTY



Independent Living, Inc.

5 Washington Terrace
Newburgh, NY 12550

P (845) 565-1162 • F (845) 565-0567

www.MyIndependentLiving.org

ROCKLAND COUNTY



Mental Health Association
of Rockland County

improving lives and raising awareness

140 Route 303,
Valley Cottage, NY 10989

P (845) 267-2172 • F (845) 267-2173

www.mharockland.org

DUTCHESS COUNTY



126 Innis Ave

Poughkeepsie, NY 12601

P (845) 452-2728 • F (845) 452-2793

www.projectstoempower.org

ULSTER COUNTY

360 Aaron Court

Kingston, NY 12401

P (845) 331-4965 • F (845) 331-4973

www.projectstoempower.org



*The potential
for recovery
resides within
each of us*



“Where Hope greets you at the door and recovery is the expectation”*

*Trademark of PEOPLE Inc.

The Recovery Center

- A place that is everywhere - not a fixed address and a set day and time
- We meet you where you are - physically and emotionally
- The people working with you have lived it; they're not clinicians
- Proactive peer engagement - somewhere to go, something to do, someone to go with you
- It's about you and it's within you - your choices, your goals

How we can help...



1. Traditional Peer Support

- Actualizing Personal Goals
- Outreach and Engagement
- Peer Counseling



2. Educational opportunities

- Wellness & Recovery Action Plan (WRAP) / Advance Directives
- Turning crisis into Opportunities
- Alternative approaches



3. Employment

- Work Incentives
- Benefits/Entitlements Counseling
- Employment Options



4. Social Activities/Inclusion

- Community connections
- Nights out
- Recreational activities



5. Health Home Integration

- Wellness and Recovery education/ groups
- Access to affordable physical and mental healthcare