



A professionally facilitated group for those who have lost someone to suicide.

When: First Wednesday of the month

Time: 7:00–8:15pm

Where: Mental Health Association of Rockland County
140 Route 303, Valley Cottage, NY 10989

For your convenience, please park on the right hand side of the building and enter through the PROS entrance, Suite I. Meetings are held in room 132.

For more information, please call MHA Rockland at (845) 267-2172 ext 465.



**Mental Health Association
of Rockland County**

Connecting people. Educating families. Rebuilding lives.